



Beyond Boundaries -  
Bridging Gaps in Obstetrics and Gynecology



# 47<sup>th</sup> ALL KERALA CONGRESS OF OBSTETRICS & GYNECOLOGY



MARK THE DATE

7-8-9 FEBRUARY 2025



FOR REGISTRATION  
Scan the QR Code



**Travancore International  
Convention Centre Trivandrum**

The Sports Hub, Trivandrum Greenfield International Stadium Rd,  
Karyavattom, Thiruvananthapuram, Kerala 695581



**Dr. Kala B S** : 940 0315 490  
**Dr. Uma T** : 944 6505 656



[www.akcog2025.com](http://www.akcog2025.com)



[akcog2025@gmail.com](mailto:akcog2025@gmail.com)

JOINTLY ORGANISED BY

The Thiruvananthapuram O & G Society and the Department of Obstetrics & Gynecology  
Govt. Medical College Thiruvananthapuram under the aegis of KFOG



Dear Friends and Colleagues,

The much awaited flagship event of Kerala Federation of Obstetrics & Gynaecology (KFOG) - The All Kerala Congress on Obstetrics & Gynaecology (AKCOG) 2025 being held on Feb 7th, 8th ,and 9th 2025 is just around the corner. With 7 international speakers, 26 national faculty and over 150 state faculty this is an academic extravaganza that you just cannot afford to miss.

In this conference we have carefully curated 3 wonderful workshops just for you. Dr Abdul Sultan and Dr Raneer Takar are running their internationally acclaimed OASI workshop for the first time in Kerala. Nationally acclaimed workshops on High Risk Obstetrics by Dr. Paily sir, as well as Reproductive medicine workshop led by Dr Sheila Balakrishnan are also wonderful opportunities to learn from the proven masters of their craft.

Just like the traditional sadya that Trivandrum is famous for, this conference has a wide array of subjects to tickle your intellectual taste buds. From Infertility to Fetal Medicine, Artificial Intelligence to General Gynaecology, Robotics to Uterine Transplantation, Gynaec Oncology to management of Normal Labour we have it all. We have 4 halls where lectures, panel discussions, debates and cross talks on every aspect of obstetrics and gynaecology is vying for your attention.

And just when the academic frenzy gets really intense the fiercely contested inter-society cultural competitions takes off which allows you to showcase your singing dancing and acting prowess as well as giving yourself an opportunity to let your hair down, laugh and relax with your friends. So come over, enjoy 3 days of our wonderful hospitality and return updated, relaxed, rejuvenated and invigorated to take on the world again.

*Organising Team - AKCOG*



## Our Patrons



**Dr. Thomas Mathew**  
Director of Medical Education Kerala



**Dr. Linnette Morris**  
Principal  
Govt. Medical College Thiruvananthapuram



Dr. Subhadra Nair



Dr. Radhakumari K



Dr. Chandrkadevi C G



Dr. C Sharada Devi

## Our Mentors



Dr. V Rajasekharan Nair



Dr. VP Paily



Dr. P K Shekharan



Dr. P K Syamaladevi

## KFOG

### Office Bearers



**Dr. K.U. Kunjumoideen**  
President



**Dr. Subhash Mallya**  
Secretary



**Dr. Remesh Kumar**  
Treasurer



**Dr. Suchitra Sudhir**  
President Elect

# AKCOG Team

## Organizing Chairpersons



Dr. Sujamol Jacob



Dr. Jayshree Vaman



Dr. K. Jayakrishnan

## Organizing Secretaries



Dr. Ajith S



Dr. Kala B S



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Dr. Renjini R

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Dr. Ajith S



Dr. Sheila Balakrishnan



Dr. Hema S Nair



Dr. Kala B S

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Dr. Lakshmi B S



Dr. Jaimie T Jacob



Dr. Nisha V



Dr. Bini V S

## Travel and Accommodation



Dr. Kumar Gopal



Dr. Lakshmi Vinodh



Dr. Geethanjali S Mohan



Dr. Renjini R

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Dr. Reji Mohan



Dr. Simi A



Dr. Reeti Rajan



Dr. Dencimol D. C

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Dr. Seena K B



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Dr. Simi J



Dr. Diveenia D

# INTERNATIONAL FACULTY



**DR ABDUL H. SULTAN**  
Consultant Obstetrician and UroGynaecologist  
Croydon University London



**DR RANEE THAKAR**  
RCOG President  
Consultant Obstetrician and UroGynaecologist  
Croydon University London



**DR USHA B NAIR MD, FRCOG**  
Consultant Obstetrician and Gynaecologist Lead  
Uro Gynaecologist Doncaster and Bassetlaw NHS teaching hospital, UK



**DR R INDUSEKHAR, MBBS, MD, FRCOG**  
Consultant Obstetrician and Gynaecologist, University Hospital of North  
Midlands, United Kingdom



**DR O S ASHOKKUMAR MD, DGO, FRCOG**  
Assistant Professor, Weil Cornell medicine, New York / Qatar Senior  
attending physician, Women's health, Sidra Medicine, Qatar



**DR REMA IYER MRCOG, MD**  
Consultant Gynaec Oncologist, East Kent Hospitals, University  
Foundations, NHS Trust, UK



**DR DIVYA NAMBIAR MS ( O&G), DGO, DNB, MRCOG**  
Consultant in Obstetrics & Gynaecology. Buckinghamshire Healthcare NHS Trust.

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AKCOG 2025

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**Dr GNANA SANKER NATESAN**

**Dr HITESH BHAT**

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**Dr MADHURI PATEL**

**Dr MITRA REWARI**

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**Dr UMA RAM**

**Dr VAISHALI CHAUHAN**

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AKCOG 2025

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Dr Ancy Jacob  
Dr Anil Satyadas  
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Dr Kunjamma Roy  
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Dr Lola Ramachandran  
Dr Mahesh BS  
Dr Manjula M  
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Dr Mayadevi Kurup  
Dr Mini Balakrishnan  
Dr Mumtaz P  
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Dr Shameema Anvar  
Dr Sheela Shenoy  
Dr Sheila Balakrishnan  
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Dr Shiju Stanley  
Dr Shilpa Nair  
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Dr Shyjus P  
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Dr Simi Harris  
Dr Simi J  
Dr Simi Kurian  
Dr Sithalekshmi A  
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Dr Venugopal M  
Dr Vidhya Nambiar  
Dr Vidyalakshmi R  
Dr Vinayachandran S  
Dr Vinodhini  
Dr Vivek Krishnan  
Dr Vivek Vijayakumar  
Dr VP Paily

# Scientific Programme Highlights

AKCOG 2025

## Workshops High risk Obstetrics



Dr V P Paily



Dr Ambujam K

## OASI



Dr Abdul H Sultan



Dr Raneer Thakar

## Reproductive Medicine



Dr Sheila Balakrishnan



Dr Reji Mohan

## Orations



Dr Shailesh Putambekar



Dr Raneer Thakar



Dr V Rajasekharan Nair

## Young Talent Promotion Competition



Dr Prasannakumari B

## Dr.B.Mukherjee Memorial Quiz



Dr Rajeesh



Dr Lakshmi

# Special Sessions

## Fetal Medicine



Dr Sudarsan



Dr Vivek Krishnan

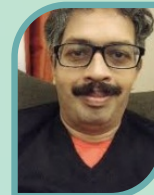


Dr Pio James

## Critical Care



Dr Shiju Stanley



Dr Aravind R



Dr Lekshmi Ammal P

## Robotic Session



Dr ROOMA SINHA



Dr Mayadevi Kurup



Dr Urmila Soman

## Artificial Intelligence



Dr Shibu Vijayn



Dr Prasantha G

## RCOG Session



Dr Raneer Thaker



Dr Uma Ram



Dr Usha B Nair



## Competitions Endowments & Prizes

CAPTAIN OF COMPETITIONS - DR. LEKSHMI AMMAL

### Dr.B.Mukherjee Memorial Quiz

Topic : Basics and Beyond in  
Obstetrics

- ➡ All Obstetric & Gynaecological Societies and clubs affiliated to the KFOG can participate
- ➡ Societies /clubs with 150 and above 2 teams of 2 members each
- ➡ Societies /clubs less than 150 members 1 team of 2 members.
- ➡ Participants must be members of the society / club they represent & must have registered for the conference.
- ➡ There will be a written preliminary for all teams. Best four teams will be selected for the final round of this quiz.

### Dr. Chitrathara Prize for the Best paper in Gynaecological Oncology

- ➡ Best short communication on a Gynaecological oncology topic (8 mts duration+ 2 mts discussion)
- ➡ The competition is open to all delegates registered for the conference irrespective of KFOG affiliation.

### KFOG Presidents Medal for the Best paper on Conference Theme

- ➡ He/she must be a registered delegate of the conference
- ➡ The competition is open to all delegates and postgraduates registered for the conference irrespective of KFOG affiliation

### Dr. RKK Thampan Gold Medal for Best paper on conference Theme

- ➡ Presentation on the theme of the conference ( 8 mts duration + 2 mts discussion)
- ➡ All members of the societies / clubs affiliated to the KFOG and within ten years of passing MBBS on 31<sup>st</sup> January 2025 are eligible to compete
- ➡ For students who has done MBBS abroad, within ten years of getting MCI clearance are eligible

### Dr. Valsala Kumari endowment prize for the Best paper in Infertility

- ➡ Best short communication on infertility ( 8 mts + 2 mts discussion)
- ➡ The competition is open to all delegates registered for the conference irrespective of KFOG affiliation.

### Dr. Kalyanikutty Amma Memorial Gold Medal for Best paper

- ➡ Best short communication on any OBGYN topic (8 mts duration + 2 mts discussion)
- ➡ Preference will be given to prospective studies Open to all postgraduate students, who are members of any society or club affiliated to the KFOG.

### Young Talent Promotion Competition for Dr. B. Presannakumari Endowment Gold Medal

- ➡ Open to members of all Societies and clubs affiliated to the KFOG. Registration for conference mandatory. The participants should be within 35years of age by 31st January 2025.

### Dr. N Pushpalatha Memorial Poster Competion

- ➡ E poster will be screened at the venue
- ➡ Poster is only electronic and should be of standard poster size
- ➡ The competition is open to all delegates and postgraduates registered for the conference irrespective of KFOG affiliation.

SURYA HALL High Risk Obstetrics - from Complexity To Clarity Co ordinators- Dr V P Paily, Dr K Ambujam Comperers- Dr Sangeetha Menon, Dr Lakshmi Ammal, Dr Deepthi M, Dr Sathy Murari				NILA HALL Obstetric Anal Sphincter Injury Chair Persons Dr Jayasree vaman, Dr Kumar Gopal, Dr Premila Thampi			NAKSHATRA HALL REPRODUCTIVEMEDICINE BASICS AND BEYOND Coordinators- Dr Sheila Balakrishnan, Dr Reji mohan			
Time	Topic	Presenter	Discussants	Time	Topic	Presenter	Time	Topic	Presenter	chairpersons
9.00-9.20 am	Recurrent Pregnancy Loss	Dr Suma Vishnu	Dr. Mitra Saxena Dr.Beena Kumari	9.00-9.15	Introduction	Dr. Abdul H Sultan	9.00 - 9.10 am	Approach to Female Infertility	Dr. Reshmi Manoj	Dr Sathi M Pillai Dr Jeenu Babu Dr Nisha Nishanth
n	Primi, Fibroid in lower uterine segment	Dr. Lakshmi S	Dr. Uma Ram Dr.Lalithambica Karunakaran	9.15-9.50	Applied Anatomy and Endoanal Ultrasound	Dr. Raneer Thakar	9.10 - 9.20	Interpretation of Semen Analysis	Dr. Krishnadas	
9:40 - 10.00	Placenta accreta spectrum	Dr. Sapna Sridhar	Dr P.K Saha Dr. Sareena Gilvaz	9.50 - 10.25	Diagnosis of OASI	Dr. Abdul H Sultan	9.20 - 9.30	Evaluating a Subfertile Male	Dr. Sam P Abraham	
Open house - 10 mts - Dr. V.P.Paily & Dr. Ambujam.K				10.25 - 11.00	Repair Techniques	Dr. Abdul H Sultan	9.30 - 9.40	USG Pelvis - Third Eye of Fertility Specialist	Dr.Shameema Anwar	
							9.40-10.00 Discussion			
10.10-10.30	Primi 38 weeks GDM EFW 3.5 kg	Dr. Simi Kurian	Dr.Uma Ram Dr. Neetha George				10.00 - 10.10	Ovulation Induction in PCOS What's New	Dr.Preetha P R	Dr Radhakrishnan Nair Dr Nisha Nishanth Dr.Sreekala S
10.30 - 10.50	Primi Grade 2 Meconium Good CTG	Dr. Emy Globin	Dr. Nuzhat Aziz Dr. B Presannakumari				10.10 - 10.20	Optimizing IUI Outcomes	Dr.Jisha Varghese	
10.50 - 11.10	Prev CS 38 weeks - Elective CS Floating Head	Dr. H Archana	Dr. Madhuri Patel Dr. Sheela Shenoy. T				10.20-10.30	Managing Level 1 ART center	Dr. Ram Gopal Pillai	
Open house - -10 mts - Dr. V.P.Paily & Dr. Ambujam.K							10.30 - 10.40	When to Refer to an ART Specialist	Dr. Raju Nair	
							10.40 - 11.00 Discussion			
<b>11.00 - 11:30 am - TEABREAK</b>										
11:30 - 11:50	Primi 6 Cm - Sudden Prolonged Bradycardia	Dr.Parvathy Deth	Dr. Palaniappan Dr. Raji Raj . G	11.30 - 12.00	Videos 1. Diagnosis and OASI Repair 2. Rectal Button Hole Repair 3. Perineal support and Repair	Dr. Abdul H Sultan Dr. Raneer Thaker Dr. Raneer Thaker	11.30 - 11.40	Hysteroscopy - Do it Right	Dr. Jayalakshmi Suraj	Dr Vinu Balakrishnan Dr Sam John Dr Manoj Thomas
11:50 - 12:10pm	Primi 39 weeks, full dilatation for 2 hrs	Dr. Vinodhini	Dr. Madhuri Patel Dr. Radhamany K	12.00 - 1.00	Hands on Repair on Pigs Sphincter	Dr. Abdul HSultan Dr. Raneer Thaker	11.40 - 11.50	Fertility Enhancing Hysteroscopic surgeries	Dr. Bimal John	
12:10 - 12:30	Multiple pregnancy	Dr. Manjula M	Dr.Lakshmi Seshadri Dr.Jyothi Chandran				11.50 - 12.00	Surgery for Endometriosis - Principles for Whom, when and how	Dr. Harikumar. G	
12:30 - 12:50	Babydelivery shoulder stuck	Dr.Mumtaz P	Dr. Nuzhat Aziz Dr. Kunjamma Roy				12.00 - 12.10	Myomectomy in an infertile woman - perfecting skills	Dr. Cyriac Pappachan	
Open house - 10 mts - Dr. V.P.Paily & Dr. Ambujam.K							12.10 - 12.30 Discussion			
							12.30 - 1.15	<u>Panel Discussion</u> Dilemmas in Infertility - Case based discussion for practicing gynaecologists	Moderator Dr. Sheila Balakrishnan Dr. Reji Mohan	Panellists Dr. Rajeena Muneer Dr. Karthika D Kumar Dr. Simi Harris Dr. Indira Vijaykrishnan, Dr. Kevin, Dr.Devendra Naddoni
<b>1.00 - 2.00 p m LUNCH</b>										

SURYA HALL FETAL MEDICINE SESSION Co coordinators - Dr Vivek Krishnan, Dr Pio James, 12+3				NILA HALL CRITICAL CARE SESSION Co Ordinators - Dr Lakshmi Ammal, Dr Sajala Vimalraj				NAKSHATRA HALL FUTURE OF OBSTETRICS & GYNECOLOGY			
Time	Topic	Presenter	Moderator \ Chairperson	Maternal Collapse- Critical interventions & Life saving strategies				Robotic Surgery Session			
2.00-2.30	Small fetus- Surveillance strategies	Dr.Vidyalakshmi. R	Dr. C Nirmala Dr. Nandini VR Dr.Sudarshan.S	Time	Topic	Presenter	Chairperson	Time	Topic	Presenter	Chairperson
	NIPT - For whom and when	Dr Priya Kadam									
DISCUSSION				2.00 – 3.15 (12+3)	A,B,C of Resuscitation of collapsed Mother	Dr.Shiju Stanley	Dr Seetha PM Dr Sreelatha Dr Nimmy	2.00-3.00	Endometriosis– The Robotic Approach	Dr .Rooma Sinha	Dr.Amal Calist Dr Rabi Dr Adarsh D
2.30 - 3.15	Panel 1 Fetal Medicine - Mixed Bag	Dr. Mayadevi.B Dr.Reeti Rajan Dr. Mythili Dr. Karthika Mohan Dr. Vidyalakshmi Dr. Anand. N	Dr. Sudharshan		Decoding maternal collapse for underlying causes	Dr.Mahesh.B.S		(15+5)	Myomectomy – embracing the Robotic Technique	Dr. Urmila Soman	
3.15 - 4.00	Panel 2 Fetal Medicine - Mixed Bag	Dr. Shilpa Nair Dr. Beena Bahuleyan Dr. Aswathy Rahul Dr. Akhila G Menon Dr. Parvathy Ganeshan Dr. John De Lindsay	Dr. Vivek krishnan	Monitoring of collapsed patient in ICU setting	Dr. Anil Sathyadas	2.45 – 3.00 Discussion					
				Critical Care of Newborn	Dr Naveen Jain	ARTIFICIAL INTELLIGENCE SESSION					
				DISCUSSION				3.00 – 4.00	Artificial intelligence – unravelling the Mystery	Dr.Shibu Vijayan	Dr Mini Issac Dr Prameela Menon Dr.Devika J
				3.15 – 4.00	PANEL DISCUSSION Maternal Collapse	Moderators Dr. Lakshmi Ammal Dr.Sajala Vimalraj	(15+5)	AI in obstetrics - Smart Solutions	Dr. Prasanth		
				Panelists- Dr Kiran Rajagopal Dr Shiju, Dr. Mahesh, Dr Unnikrishnan, Dr Anil Sathyadas	DISCUSSION						
4-5 pm	SCIENTIFIC PROGRAM INAUGURATION										
5 – 6	Key Note Address										
	Topic	Presenter	Chairperson	Time	Topic	Presenter	Chairperson	Time	Topic	Presenter	Chairperson
5 – 00 5.17	Stillbirth - Turning loss into Lessons	Dr Nuzhat Azlz	Dr C P Vijayan Dr Palaniappan	5.00 -5.12	Breast milk Banking- The Nectar of Life	Dr Radhika.S	Dr. Shiela B Dr. Sangeetha Menon	5.00 - 6.00 PM 10+2	Mifepristone- A revolution in labour induction	Dr. Cynthia	Dr Jayasree .M Dr Lakshmi unni Dr Geetha Narayanan
5.36-5.50	Placenta Accreta – Can we preserve the uterus	Dr Aswath Kumar	Dr P V Jose	5.15 – 6.00 pm	Panel Discussion Sepsis In Pregnancy- A Silent Threat	Moderator Dr. Sangeetha Menon	Panel members Dr Ajitha Raveendran Dr.Reena NR, Dr. Sreekumari.U Dr. Sapna Devi.D P Dr. Simi A		Post abortal bleeding- RPOC/ AVM	Dr Lola Ramachandran	
DISCUSSION									Endometriosis and ovarian cancer- Unveiling the connection	Dr.Remya Binesh	
									Genetic Landscape of Hereditary Cancers : A diagnostic Laboratory Experience	Dr. Krishnachandran	
5.50 – 6.00								DISCUSSION			
6 - 6:45 pm SUJA MEMORIAL ORATION - Dr. V Rajasekharan Nair - HAND HOLDING THE PATIENT IN OBSTETRIC CRISIS - Chairpersons : Dr. Sujamol Jacob, Dr. K.Jayakrishnan, Dr.Uma T											
7pm - Cultural Programme & Dinner											

DAY 08 - 02 -

SURYA HALL			
Time	Topic	Presenter	Chairperson
8.30 - 9.15	Obesity – Obstetricians concern	Dr. Radhamony . D	Dr N Shyamala Dr. Sreekumari Dr. Neeraja Nambiar
	Placenta In Preeclampsia- Victim/ Villain ?	Dr. Lalithambica . K	
	Intrapartum fetal surveillance- Newer concepts	Dr. Sareena Gilvaz	
<b>DISCUSSION</b>			
9 15- 10.00 (12+3)	USG in second stage of Labour - Enhancing delivery outcomes	Dr. Ashok Kumar	Dr N S Sreedevi Dr Sujatha. Y Dr. Hema S Nair
	Teenage Pregnancy- Challenges & Support strategies	Dr. Sampathkumari	
	Why mothers Die - Changing scenarios	Dr. Ambujam. K	
<b>DISCUSSION</b>			
10.00 11.00	<b>Key note 12+3</b>		Dr. Maduri Patel Dr. Bindhu P Dr Chandra sekhar Naik
	Navigating the Diagnostic Path in ovarian tumors	Dr.Lakshmi Seshadri	
	Effect of child birth on pelvic floor	Dr. Abdul Sultan	
	Thalassemia - the Hidden horror	Dr. Palaniappan	
	Is Instrumental Delivery A Dying Art	Dr. P.K.Saha	
<b>DISCUSSION</b>			
<b>11- 11.30 TEA BREAK</b>			

DAY 08 - 02 -

CHANDRA HALL				
Time	Topic	Presenter	Chairperson	
8.30 -9.3 (10+2)	<b>FAMILYWELFARE SESSION</b>			Dr.Sheela Babu Dr. Devika Rani Dr. Annamma. M.G
	Contraception – Exploring LARC Options	Dr. Lakshmi M Pai		
	HPV Vaccine - Therapeutic Role ?	Dr. Jeena Baburaj		
	MTP- Safe and Informed decisions	Dr. Beena George		
	Cesarean Scar Pregnancy – A rare but real concern	Dr. Asha G Nath		
<b>DISCUSSION</b>				
9.30 – 11 AM 15+5	<b>VIDEO SESSION</b>			Dr.K. Jayakrishnan Dr. Patsy Varghese Dr. Deepa P
	Internal Iliac artery Ligation	Dr MitraSaxena		
	Placenta Accreta Spectrum	Dr V P Paily		
	Laparoscopic Isthmocele Repair	Dr. Gnanasankar Natesan		
	Colposcopic Evaluation & management of Precancerous lesions of Cervix	Dr Priya Ganeshkumar		
Retro peritoneal Lymph node dissection	Dr. Adarsh D			
<b>DISCUSSION</b>				
11.30 – 12 30 (10+2)	<b>11.00-11.30 TEA BREAK</b>			Dr. Sampath kumari Dr.LakshmyS Dr. Maya Gopal
	<b>”HORMONAL HEALTH</b>			
	Tooeary to menstruate- “ The Early Bloomer	Dr Sheela Shenoy		
	EDC in Obstetric Practice	Dr Chellamma V K		
	AUB in Adolescents – Solving the period Puzzle	Dr Nishi Roshni		
	Andropause – Myth or Reality	Dr Shyjus		
<b>DISCUSSION</b>				

**DAY 08 - 02 -**

**SURYA HALL**

Time	Topic	Presenter	Chairperson
<b>RCOG SESSION</b>			
11.30-12.15 (12+3)	Why MRCOG for IMG	Dr. Ranee Thakar	Dr V P Paily Dr Mayadevi Kurup Dr Ajith S
	GDM- Recent Updates	Dr. Uma Ram	
	Approach to vault prolapse	Dr.. Usha B Nair	
<b>DISCUSSION</b>			
12.30 -1.15 pm			
<b>MKK Menon Oration - Dr. Shailesh Putambekar -</b>			
Chairpersons : Dr.K.U.Kunjumoideen , Dr. V. P.Paily, Dr. Sujamol Jacob, Dr.Ajith S			
Journey from Radical hysterectomy to Uterine Transplantation			
<b>1.15 pm to 2.00 pm Lunch</b>			
<b>PANEL DISCUSSION</b>			
2.00 - 2.45 pm	Medicolegal Cases - Reverse Panel	Moderator Dr.Hithesh Bhatt	Dr. Priya D Dr.Rakhi Chandran Dr. Dencymol D .C Dr. Geethanjali.S Dr. Ajitha .RN
<b>GLOBAL PERSPECTIVES</b>			
2.45- 3.45 pm (12 + 3)	Growing Problem of Ca Endometrium-	Dr. Rema Iyer	Dr Ambarisha Bhandiwad Dr Sareena Gilvaz Dr Mini C H
	Postmenopausal Bleeding - Is Hysterectomy the only option	Dr. Divya Nambiar	
	Managing Menopause - What is new ?	Dr. Indu Sekhar	
	Mastering- OASI- Diagnostic & Repair strategies	Dr. Abdul Sultan.	
<b>DISCUSSION</b>			
3.45- 4 30 pm - Thankam Memorial Oration-			
<b>FUTURE OF WOMAN'S HEALTH – DR.RANEE THAKAR</b>			
Chairpersons – Dr.Subash Mallya, Dr. V.Rajasekharan Nair, Dr. Jayshree Vaman, Dr.Kala.B.S			
Tea Break – 4.30 – 5.00			
5.00- 6 00 pm - Mukherjee Memorial Quiz - inal - Dr. Rajeesh S.Ravi, Dr.. Lakshmi Ajith			
6.30 Pm - Cultural Progame			

**DAY 08 - 02 -**

**CHANDRA HALL**

Time	Topic	Presenter	Chairperson
<b>RCOG SESSION</b>			
12.30- 1.15			
<b>MKK Menon Oration - Dr. Shailesh Putambekar (Surya Hall)</b>			
<b>1.15 pm to 2.00 pm Lunch</b>			
<b>REVIVE AND RESTORE - FEMININE CONFIDENCE</b>			
2.00 - 2.45 (10+2)	Integrating Cosmetic gynecology in Routine Practice	Dr Sruthi.A.G	Dr. Usha Chrstopher Dr. Arun B Nair Dr. Laila B
	Vaginismus and Non consummated Marriage	Dr. N eeraj Jadv	
	Sexual Medicine- Tips for busy practitioners	Dr.Sitalekshmi.A	
	Perinatal Mental Health	Dr. Bindu Menon	
<b>PRACTICE CHANGING TRIALS</b>			
2.45- 3.45 pm (10+2)	TOBOGM Trial – An update in GDM	Dr. Divya Louis	Dr. Usha R Dr. Kochu S Mani Dr. Deepthi Balakrishnan
	SPIRIT 1 & 2	Dr Nita.S	
	LACC & Lap 2 trials	Dr Ganga.J	
	Stop PRE trial & Post hoc analysis	Dr. Aiswarya Mohan	
	PROLONG Trial	Dr. Anasuya R	
<b>DISCUSSION</b>			
3.45- 4 30 pm - Thankam Memorial Oration- (Surya Hall)			
Tea Break – 4.30 – 5.00			
5.00- 6 00 pm - Mukherjee Memorial Quiz (Surya Hall)			
6.30 Pm - Cultural Progame			

NILA HALL			
Time	Topic	Presenter	Chairperson
8.30 -9.15 (12+3)	ERAS in OBGYN practice	Dr.Manjusha Viswanathan	Dr.SheelaShenoy Dr. K.P Jhansi Dr. Nalini Menon
	An insight into Occipitoposterior	Dr P K Syamala Devi	
	Second stage CS - Tips & Tricks	Dr. Beenakumari. R	
<b>DISCUSSION</b>			
9.15 - 10.15 (12 + 3)	<b>PPH SESSION</b>		Dr.P.K.SyamalaDevi Dr. Ajitha Kumari Dr. Fouzia.B
	Suction Cannula- Revolutionizing PPH management	Dr. T N Vasudeva Panicker	
	Traumatic PPH- Where Do We Go Wrong	Dr. Ramesh Kumar	
	Damage Control Resuscitation- Changing Concepts	Dr Sathi MS	
	PPH Preparedness- preventive strategies	Dr. Mini Balakrishnan	
<b>DISCUSSION</b>			
<b>Panel Discussion</b>			
10.15 -11.00	Genetic Disorders- Mystery of the Double Helix	Moderator Dr.Sankar.VH	Dr. Uma T Dr.Niranjana Jayakrishnan Dr. Anusmitha Andrews Dr. Bindu V K Dr. Renjini R
<b>DISCUSSION</b>			
<b>11- 11.30 TEA BREAK</b>			
11.30-12.15 (10+2)	PCOS - Management Guideline 2023	Dr. Radhamany K	Dr. Cicily Samuel Dr Susan Mathew Dr T L Sujatha
	Evaluation of Vulvar Lesions- A comprehensive approach	Dr.Kunjamma Roy	
	PID- Recent Break throughs & Updates	Dr. Agnus Mathew	
	Adnexectomy at VH - Best Practices	Dr. Elizabeth Jacob	
<b>DISCUSSION</b>			
<b>12.30 -1.15 pm - MKK Menon Oration (Surya Hall)</b>			

NAKSHATRA HALL			
Time	Topic	Presenter	Chairperson
8.30 - 9.15 (12+3)	Antenatal cortico steroids- Consensus	Dr. Reshma Sajan. K.K	Dr Leela Mony Dr Shahida.J Dr Deepa M
	Aneuploidy screening in multiples - A Comprehensive Approach	Dr. Anitha Sushanth	
	Interventional Radiology in OBG Practice- A lifeline	Dr. Sangeetha.D.G	
<b>DISCUSSION</b>			
9.15 - 10.15 (12+3)	Vaccination in Pregnancy- protecting two lives	Dr. Bindhu K M	Dr. Nazeema.A Dr Adeline Thankam Dr K S Sivakumar
	Epigenetics- Shaping Future generations	Dr.Sreekrishnakiran.A	
	Lactoferrin - A Novel Concept	Dr. Thanku Thomas Koshy	
	Breaking bad news - A delicate Art	Dr. Kumar Gopal	
	<b>DISCUSSION</b>		
<b>Panel Discussion</b>			
10.15 -11.00	Primary Amenorrhoea_ Cracking the menstrual code	Moderator Dr. Tanya Salim Dr.. Lakshmi B.S	Dr. Jaimie T Jacob Dr. Bini.V.S Dr. Lakshmi Vinod Dr. Bhavani L Nair Dr.. Nimitha Harilal
<b>DISCUSSION</b>			
<b>11- 11.30 TEA BREAK</b>			
11.30 - 12.15 (10+2)	Liquor abnormalities and perinatal outcome	Dr Bela Bhatt	Dr Bindu Suresh Dr. R a j e e s h S Dr Seena K B
	UTI In Pregnancy Recent Updates	Dr. Elizabeth Joseph	
	Transaminitis - A loose label	Dr. Deepa Mathews	
	Probiotics - Balancing Microbiomes	Dr. Jyoti Mary Jose	
<b>DISCUSSION</b>			
<b>12.30 -1.15 pm MKK Menon Oration (Surya Hall)</b>			

DAY 08 - 02 -

1.15 pm to 2.00 pm Lunch			
NILA HALL			
Time	Topic	Presenter	Chairperson
<b>Debates</b>			
2.00 - 3.00 pm	CS Myomectomy - To cut or not to cut	Dr. Deepthi .B Dr. Resmi C R	Dr. Jyothi Ramesh Chandran Dr. Hema Warriier Dr. Aysha P V
	Complex Ovarian Cyst in Teenager - Laparoscopy / Laparotomy	Dr. Indira Vijaykrishnan Dr. Thanooja.S	
	CS on Demand - Is it a valid reason ?	Dr. Bindhu Nambisan Dr. Rema sreejith	
<b>Mixed Bag</b>			
3.00 - 3.45 Pm (12 + 3)	Recurrent Loss - Renewed Hope- Evidence based strategies	Dr. Nirmala C	Dr. Sheelamoni Dr. Vasanthakumari Dr. Roshni.R
	Platelet Puzzle - Unravelling Thrombocytopenia In Pregnancy	Dr. Vinayachandran S	
	Early Detection of breast cancer from awareness to action	Dr. Suchitra Sudhir	
DISCUSSION			
3.45- 4 30 pm - Thankam Memorial Oration- (Surya Hall)			
Tea Break - 4.30 - 5.00			
5.00- 6 00 pm - Mukherjee Memorial Quiz (Surya Hall)			
6.30 - Culturals and Dinner			

DAY 08 - 02 -

1.15 pm to 2.00 pm Lunch			
NAKSHATHRA HALL			
Time	Topic	Presenter	Chairperson
<b>Panel Discussion</b>			
2.00 - 2.45 pm	Managing Jaundice in Pregnancy- Expert Insights	Moderator Dr. Mayadevi Kurup Dr. Surya Jayaram	Dr. Chithra Ramachandran Dr. Lakshmi C P Dr. Heera TShenoy Dr. Uma Randheer Dr. Alisha Shafjeer
<b>Capsules</b>			
2.45 - 3.45 (10+2)	Suspected Intrauterine Infection- Updates	Dr. Preetha George	Dr. Gicy Kurian Dr. Beena Umesh Dr. Parvathy Deth
	ACUM - Hidden cause of Dysmenorrhoea	Dr. Kitty Elizabeth	
	Surviving the storm - APLA Awareness & Action	Dr. Sabnam S Nambiar	
	NASG- The life wrap	Dr. Devakikutty.S	
	Parenteral Iron Therapy - Newer Formulas	Dr. Dhanya L	
DISCUSSION			
3.45- 4 30 pm - Thankam Memorial Oration- (Surya Hall)			
Tea Break - 4.30 - 5.00			
5.00- 6 00 pm - Mukherjee Memorial Quiz (Surya Hall)			
6.30 - Culturals and Dinner			

SURYA HALL				NILA HALL				NAKSHTARA HALL			
Time	Topic	Presenter	Chairperson	Time	ONCOLOGY SESSION	Presenter	Chairperson	Time	Topic Mixed Bag	Presenter	Chairperson
8 30- 9.30 AM 12+3	Obstetric Practice in Rural setting - Bridging the Gap	Dr. K.A.Kammappa	Dr. Shaila S  Dr Jayshree Vaman Dr Sathi M S	8 30- 9.30 AM (12+3 X4)	Quadriphasic pill - The Generation next	Dr. Geetha A P	Dr. Francis James Dr. Aswin Kumar Dr. Thanooja.S	8 30- 9.30 AM (12+3 X4)	Adhesion prevention in Endoscopy	Dr. Ajay Kumar	Dr Geetha Mekoth Dr Vidya Nambiar Dr. Rajeena Babu
	Selective Fetal Reduction - Are we above law?	Dr. Bijoy Balakrishnan			Onco fertility- A Concern of the Future Reproductive Health	Dr. Rema P			NDVH- tips & Tricks	Dr. Hariprasad. K	
	Prediction & prevention of Severe pre eclampsia	Dr. Priyankur Roy			HIPEC In ovarian Cancer - Improving Outcomes & QOL	Dr. Suchetha.S			Cracking the code - Every leak is not SUI	Dr. Deeksha Pandey	
	ELAGOLIX- Beginning of a new ERA	Dr. Vaishali Chauhan			GTN- Updates in management of low risk GTN	Dr. Jyothi Ramesh Chandran			Fore water Vernix floaters density for Programming every labour - Exploring The Possibilities	Dr. Samartha Ram	
DISCUSSION				DISCUSSION				DISCUSSION			
ENDOSCOPY SESSION				FERTILITY SESSION				OBSTETRIC CHALLENGE			
9.40 - 10 40 AM 12+3	Safety Of Electrosurgical Devices in Endoscopy	Dr. P.G Paul	Dr.Nandini V R Dr.Subash Mallya Dr Vaishali Chauhan	9.40 - 10 40 AM 12+3	Optimising Ovulation Induction- Evidence based Strategies	Dr. Vaijyanthi .S	Dr Shiela Balakrishnan Dr Reji Mohan Dr Ram Gopal	9.40 -10.40 am (10+2x 5)	Evolving Anomalies- An obstetricians Dilemma	Dr. Shyama Devadasan	Dr Bindhu Sundar  Dr Jayakrishnan Perinthalmanna Dr. Priyadarshini
	Laparoscopic reconstruction for Vaginal anomalies	Dr. Hafeez Rahman			Endometriosis & Infertility - Paths to Parenthood	Dr. Fessy Louis T			PUL - Difficult to Solve	Dr. Vivek Vijayakumar	
	Laparoscopic approach to pelvic organ prolapse	Dr. K Jayakrishnan			Pregnancy after ART- Optimising outcomes	Dr Anupama.R			Hyperemesis - New Insights	Dr. Neetha George	
	Updates in Medical Management in Endometriosis	Dr. K.U Kunjumoideen			Surrogacy	Dr Raghavendra prasad			Documentation and Communication - In Obstetric Practice	Dr Rajnish Samal	
DISCUSSION				DISCUSSION				DISCUSSION			
<b>TEA BREAK 10.45- 11.00</b>				<b>DISCUSSION</b>				<b>DISCUSSION</b>			
11.00 - 11.45	<b>KFOG Congress Inauguration</b>			<b>CHANDRA HALL</b>							
11.45- 12.45	<b>Young Talent Competition - Dr. B. Prasannakumari</b>										
				8.30 - 10.00	<b>Management Committee Meeting</b>						
12.45- 1.30	Rationale Approach to management of Ovarian Cyst	Moderator Dr. Subash Mallya	Dr Nazar Thalamkandathi I Dr.. Shameema Anvarsadath Dr. Febin Koya Dr. Ancy Jacob Dr. George Paul C Dr Sushanth	10.00 - 10.45	Induction of Labour - Safe Protocols	Moderator Dr. Deepa Thangamoni Dr. Sudha Menon	Dr. Simi Riyas Dr. Amina S Kabeer Dr. Beena Bahuleyan C Dr. Anitha S Pillai Dr. Swapna C S Dr Prameeda P R				
				10.45 - 11.00 TEA BREAK							
1.30- 2.30	<b>Lunch</b>			12.45 PM - 1.30	PCOS - Bridging Gaps with Evidence Based Care	Moderator Dr. Venugopal M	Dr. Kaushik Vailaya  Dr. Anita V Dr. Sethulakshmi Dr. Diveenia.D Dr. Smithi Sanal				
2.30- 3.15	<b>General Body</b>										
3.15 - 3.30	<b>President Elects Address</b>										



SURYA HALL High Risk Obstetrics – from Complexity To Clarity Co ordinators- Dr V P Paily, Dr K Ambujam Comperers- Dr Sangeetha Menon, Dr Lakshmi Ammal, Dr Deepthi M, Dr Sathy Murari				NILA HALL Obstetric Anal Sphincter Injury Chair Persons Dr Jayasree vaman, Dr Kumar Gopal, Dr Premila Thampi			NAKSHATRA HALL REPRODUCTIVE MEDICINE BASICS AND BEYOND Coordinators- Dr Sheila Balakrishnan , Dr Reji mohan			
Time	Topic	Presenter	Discussants	Time	Topic	Presenter	Time	Topic	Presenter	chairpersons
9.00-9.20 am	Recurrent Pregnancy Loss	Dr Suma Vishnu	Dr. Mitra Saxena Dr.Beena Kumari	9.00 9.15	Introduction	Dr. Abdul H Sultan	9.00 – 9.10 am	Approach to Female Infertility	Dr. Reshmi Manoj	Dr Sathi M Pillai Dr Jeenu Babu Dr Aswathy Shanavas
9:20 - 9:40	Primi, Fibroid in lower uterine segment	Dr. Lakshmi S	Dr. Uma Ram Dr. Lalithambica Karunakaran	9.15 9.50	Applied Anatomy and Endoanal Ultrasound	Dr. Raneer Thaker	9.10 – 9.20	Interpretation of Semen Analysis	Dr. Krishnadas	
9:40 – 10.00	Placenta accreta spectrum	Dr. Sapna Sridhar	Dr P.K Saha Dr. Sareena Gilvaz	9.50 – 10.25	Diagnosis of OASI	Dr. Abdul H Sultan	9.20 – 9.30	Evaluating a Subfertile Male	Dr. Sam P Abraham	
Open house - 10 mts - Dr. V.P.Paily & Dr. Ambujam.K				10.25 – 11.00	Repair Techniques	Dr. Abdul H Sultan	9.30 – 9.40	USG Pelvis - Third Eye of Fertility Specialist	Dr. Shameema Anwar	
							9.40 -10.00	Discussion		
10.10- 10.30	Primi 38 weeks GDM EFW 3.5 kg	Dr. Simi Kurian	Dr.Uma Ram Dr. Neetha George				10.00 – 10.10	Ovulation Induction in PCOS What's New	Dr.Preetha P R	Dr Radhakrishnan Nair Dr Nisha Nishanth Dr.Sreekala S
10.30 - 10.50	Primi Grade 2 Meconium Good CTG	Dr. Emy Globin	Dr. Nuzhat Aziz Dr. B Presannakumari				10.10 – 10.20	Optimizing IUI Outcomes	Dr.Jisha Varghese	
10.50 – 11.10	Prev CS 38 weeks – Elective CS Floating Head	Dr. H Archana	Dr. Madhuri Patel Dr. Sheela Shenoy. T				10.20- 10.30	Managing Level 1 ART center	Dr. Ram Gopal Pillai	
Open house - -10 mts - Dr. V.P.Paily & Dr. Ambujam.K							10.30 - 10.40	When to Refer to an ART Specialist	Dr. Raju Nair	
							10.40 – 11.00	Discussion		
<b>11.00 - 11:30 am - TEABREAK</b>										
11:30 - 11:50	Primi 6 Cm - Sudden Prolonged Bradycardia	Dr.Parvathy Deth	Dr. Palaniappan Dr. Raji Raj . G	11.30 - 12.00	Videos 1. Diagnosis and OASI Repair 2. Rectal Button Hole Repair 3. Perineal support and Repair	Dr. Abdul H Sultan Dr. Raneer Thaker Dr. Raneer Thaker	11.30 – 11.40	Hysteroscopy - Do it Right	Dr. Jayalakshmi Suraj	Dr Vinu Balakrishnan Dr Sam John Dr Manoj Thomas
11:50 - 12:10pm	Primi 39 weeks, full dilatation for 2 hrs	Dr. Vinodhini	Dr. Madhuri Patel Dr. Radhamany K	12.00 – 1.00	Hands on Repair on Pigs Sphincter	Dr. Abdul H Sultan Dr. Raneer Thaker	11.40 – 11.50	Fertility Enhancing Hysteroscopic surgeries	Dr. Bimal John	
12:10 - 12:30	Multiple pregnancy	Dr. Manjula M	Dr.Lakshmi Seshadri Dr.Jyothi Chandran				11.50 - 12.00	Surgery for Endometriosis - Principles for Whom, when and how	Dr. Harikumar. G	
12:30 - 12:50	Baby delivery shoulder stuck	Dr.Mumtaz P	Dr. Nuzhat Aziz Dr. Kunjamma Roy				12.00 – 12.10	Myomectomy in an infertile woman – perfecting skills	Dr. Cyriac Pappachan	
Open house - 10 mts - Dr. V.P.Paily & Dr. Ambujam.K							12.10 – 12.30	Discussion		
							12.30 - 1.15	<u>Panel Discussion</u>  Dilemmas in Infertility – Case based discussion for practicing gynaecologists	Moderator Dr. Sheila Balakrishnan Dr. Reji Mohan	Panellists Dr. Rajeena Muneer Dr. Karthika D Kumar Dr. Simi Harris Dr. Sam P Abraham Dr. Kevin Dr. Devendra Naddoni
<b>1.00 – 2.00 p m LUNCH</b>										

## Guidelines for Abstract Submission

- ☑ Last date for abstract submission for paper & poster , Quiz Competition, your Talent is **10<sup>th</sup> January 2025**.
- ☑ Organising committee reserves the right to reproduce the abstract in AKCOG 2025 in print or electronic media
- ☑ Certificate of HOD as Resident For all Competitions
- ☑ Only one presentation per person will be allowed
- ☑ The scientific committee will review the abstracts and acceptance will be communicated through the respective email by **15<sup>th</sup> January 2025**
- ☑ Scientific Committee reserves the right to allocate the session time
- ☑ Abstract once submitted cannot be changed, withdrawn or resubmitted
- ☑ An abstract submission form should be filled in and submitted along with abstract
- ☑ Abstracts which are not accompanied by a filled in abstract submission form will not be considered.

For queries regarding paper and poster presentation contact

**Dr. Lekshmi Ammal - 9446 340 383**

### Paper Presentation

Dr. Lakshmi B S - 9446 306 442  
Dr. Jaimie T Jacob - 9447 520 575

### Poster Presentation

Dr. Nisha V - 9847 120 914  
Dr. Bini. V S - 9447 030 541

### Guidelines for E- Poster Submission

- It will be displayed on a standard LCD screen
- File format should be in Power Point ( PPT) with maximum three slides in landscape format
- Maximum file size should not exceed 20 MB
- No Animation /sounds will be supported



### Registration related details >>>

- ☑ Kindly choose the workshop you wish to attend.
- ☑ Accompanying person eligibility:  
Can attend Inaugural function, all Meals including Gala dinner and entertainment programme. (Entrance to exhibition halls and scientific proceedings will not be permitted)
- ☑ All delegates including faculty, must register.
- ☑ Postgraduates must attach a letter from HOD as proof.

		Early Bird Up to 31 <sup>st</sup> Dec 2024		
		Workshop Only	Conference Only	Both
DELEGATE / FACULTY		5000/-	11000/-	14000/-
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		Regular Bird FROM 16 <sup>th</sup> Nov 2024-20 <sup>th</sup> Jan 2025		
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ACCOMPANYING PERSON		10000/-		

For any queries related to registration or issues regarding payment

**Contact Mr. Abhilash R.**  
**Mob: 8943 422 100**  
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Stay Booking Contact : **Aji Mathew**  
96333 03788

## Hotels Available Closer to the Venue :-

- **O By Tamara Trivandrum**
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## 47<sup>th</sup> ALL KERALA CONGRESS OF OBSTETRICS & GYNECOLOGY

7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> February 2025

Venue : Travancore International Convention Centre, Trivandrum.

For Booking Contact :

■ **akcoghotelreservation@gmail.com** ■ **89438 87222**

### Hotels Trivandrum City

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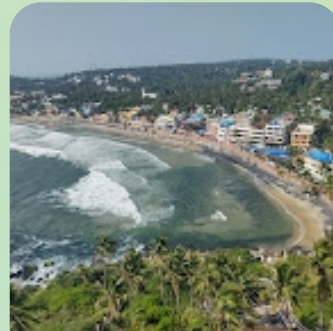
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Sree Padmanabhaswamy Temple



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Veli Lake Tourist Village



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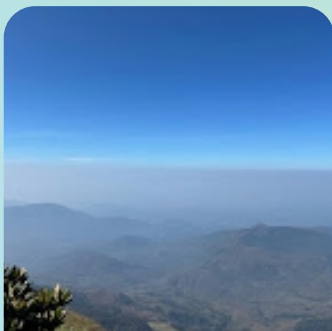
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Magic Planet



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Agasthyamalai



Kuthira Malika

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Dept. of Obstetrics & Gynaecology  
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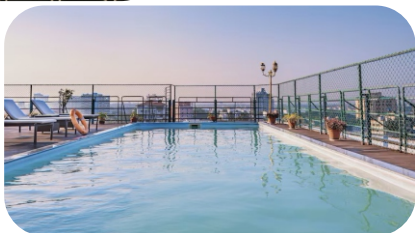
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# 47<sup>th</sup> ALL KERALA CONGRESS OF OBSTETRICS & GYNECOLOGY

**MARK THE DATE**



**7-8-9 FEBRUARY 2025**



## **Travancore International Convention Centre Trivandrum**

The Sports Hub, Trivandrum Greenfield International Stadium Rd,  
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 **Dr. Kala B S** : 940 0315 490  
**Dr. Uma T** : 944 6505 656

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